

Club Bulletin-October 2024 Vol No 4/2024-25

Rotary club of Mangalore East. RI Dist. 3181. Zone II. Club No 31383

President
Rtn Gopal Shetty

Secretary/Pres, Elect
Rtn Raghavendra N

IPP
Rtn M Jayaram Shetty

Treasurer
Rtn Sadashiv Shetty

Sergeant@Arms
Rtn Maheshchandra Nayak

DIRECTORS
Club Service
Rtn Sukesh Rai

Vocational Service
Rtn Anand Shetty

Community Service
Rtn Vinod Kudva

International Service
Rtn Pandurang Shetty

Youth Service
Rtn Harish M N

Chairman TRF
Rtn Shantharam Shetty

Chairman Dist Projects
Rtn CA Hareesh Shetty

Chairman Membership Development
Rtn Balakrishna Shetty
Chairman Pulse Polio
Rtn Ramanath Shetty



Rtn Paul Harris
Founder of Rotary



Rtn Stephanie Urchick
RI President



Rtn Vikram Dutta
DG RI Dist 3181



Rtn Gopal Shetty
Club President

PRESIDENT SPEAKS.....

Namasthe to all my Rotary family members,
ಮಾಂತ್ರ್ಗಲಾ, ಬಪ್ಪನ ಮಾನ್ಮಮಿ ಬೊಕ್ಕ ದೀಪಾವಳಿ ಪರ್ಬದ ಎಡ್ಡೆಪುಲು.

It is already three months into the Rotary year 2024-25. October is designated as Economic and Community Development month in Rotary. We have few projects to be done under this category. Our club will be hosting zonal out door games for zone 2 & 3 on 8 th December 2024. We request all our members to actively participate in conducting the event successfully. Zonal cultural competition is also round the corner, to be hosted by Mangalore club on 24 th November. Rtn CA Hareesh Shetty is the coordinator for the same. We wish every family member to take part in one or other events and enjoy the event to the maximum.

let us enjoy the **MAGIC OF ROTARY** every bit.

Yours in Rotary

Rtn Gopal Shetty (President 2024-25)

FOUR WAY TEST

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned
3. Will it build **GOODWILL** and **BETTER FRIENDSHIP**?
4. Will it be **BENEFICIAL** to all concerned

WE MEET EVERY FRIDAY

7.30 pm at **Rotary Balabhavan**

Mannagudda **Mangalore**

PROJECTS AT A GLANCE



ಮಂಗಳೂರಿನ ವೆನ್ನಾಕ್ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ರೋಗಿಗಳ ಆರೈಕೆ ಮಾಡುವವರಿಗಾಗಿ ಮಧ್ಯಾಹ್ನದ ಉಣ್ಣೆದ ವ್ಯವಸ್ಥೆಯನ್ನು ಸೇವಾಕಾಲಯ "ಮನ್ನಾ" ಇವರ ಮೂಲಕ ಮಾಡಲಾಯಿತು.

Project sponsored by Rtn Joel Saldanha.



Rs 10000/= donated to our Interact School GHS Mudushedde Mangalore
Rs 10000/= donated to our Interact School GHS Mudushedde Mangalore
towards expenses for hosting Hobli level Kho Kho tournament.

LET US KNOW OUR NEW MEMBERS



Rtn Mahesh Shetty born in Udupi in the year 1987, studied at PRIA School, Mumbai and later done his BE in CIVIL Engineering at NMAMIT, Nitte, worked in Larsen & Toubro at Gujarat from 2009 to 2014 as a Graduate Engineer and later as Assistant Construction Manager. In 2014 started civil engineering consultancy firm CORE AXIS in partnership with 2 of engineering friends. With significant experience in real estate field, they founded Developer firm MUKUND MGM REALTY. As on date completed 7 residential projects with

more than 400 apartments and 2 commercial projects with more than 110 units. Currently developing 2 residential projects with 209 apartments and 1 commercial project with 65 units. In 2020 started managed workspace concept in Mangalore through their firm VERTEX WORKSPACE. Currently handling 5 premises in Mangalore with more than 55 IT

Companies which has an employee strength of more than 2250 individuals.

Rtn Mahesh is married to Supriya Mahesh.

Rtn Rashmika Ramnathkar, born in 1982 at Karwar, studied BA at Shivaji Arts and Commerce college Karwar. At present working as Gazetted Manager, Forest Department Mangalore. She is married to Sri K S Mahalingeshwara Sharma and mother of two daughters Sambhrama and Samruddhi.



History of Rotary in India

The Rotary Club of Calcutta became the first Rotary club chartered in India on 1 January 1920. Today, more than 3,000 clubs operate throughout the country. R.J. Combes is credited with starting India's first club. But Canadian James Wheeler Davidson is largely responsible for Rotary's growth in the country.

As a member of the Rotary International committee that explored extending the organization into other countries, Davidson departed in August 1928 to help establish clubs in Asia and the Middle East. His trip turned into a two-and-a-half-year odyssey that resulted in the chartering of 23 clubs in 12 countries.

Only two clubs held charters in India at the outset of Davidson's journey: Calcutta and Lahore (in present-day Pakistan). The clubs were more than 1,000 miles and a 40-hour train ride apart, Davidson noted in reports back to RI.

Arriving in Bombay in February 1929 with his wife and daughter, he was intent to start a club there. "It was not an easy task to organize a club in this big city of 1,200,000," he mused. Three attempts had failed prior to his arrival. But in March of that year, Davidson successfully formed a club in Bombay that would receive its charter on 8 May.

He organized a club in Delhi next, before visiting Rotarians in Calcutta, where Nitish C. Lahary was serving as club secretary. Lahary would become the first RI President from India in 1962-63.

On 23 April, Davidson boarded a train in Calcutta for a 1,032-mile trip to Madras. He had been advised to travel by sea to avoid the excessive heat common at that time of year, but opted to go by rail to see the countryside. "It was a real delight to watch the change as we passed from north to south, from the temperate zone into the tropics," he later wrote. "Not only did the vegetation change, but the buildings altered some and the people appeared to take on a different appearance, the tendency to dress in white at Calcutta changed to red as we worked south." Two days later, Davidson convened a committee in Madras, which organized a club on 10 May. (It received its charter on 19 July). "With the organizing of the Madras club, my plans as originally formulated, have been carried out," Davidson noted. "We now have a club in each one of the main geographical divisions in India and further extension work should now be carried out by local Rotarians. I consider that the five clubs that now exist firmly establishes Rotary in India." Today, Rotary has grown to include more than 115,000 Indian Rotarians. In addition to Banerjee and Lahary, many Rotary leaders have called the country home.

We have had 4 Rotary International Presidents from India namely Nitish Lahary (1962-1963), Rajendra K. Saboo (1991 – 1992), Kalyan Banerjee (2011 – 2012). Shekhar Mehta is only the 4th Indian in 119 years to be nominated as the President of Rotary International for the year 2021-22.

PROJECT WITH RCC

Free Anti Rabies vaccination and animal adaptation camp was conducted at Kolya with RCC Kolya, Sarvajanika Sharada Mahotsava Samithi, Yuva Vahini Kolya and Animal Care trust Mangalore. Total 173 dogs and cats were vaccinated.



OUR MEMBERS IN NEWS



Newly opened office premises of Advocate Rtn Guruprasad Shetty



3rd branch of Chair Studio opened at Hosabettu, Prop: Rtn Raghavendra Nellikatte



Rtn Shantharam Shetty, Chairman IRCS D K spoke at Mysore division level youth Red Cross Motivation camp



ವಾಮಂಜೂರಿನ ಎನ್.ಡಿ.ಎಂ. ಮಂಗಳಜ್ಯೋತಿ ಸಮಗ್ರ ಶಿಕ್ಷಣ ಶಾಲೆಯಲ್ಲಿ ಶಾಲಾ ಶಿಕ್ಷಣ ಇಲಾಖೆ, ಕ್ಷೇತ್ರ ಶಿಕ್ಷಣಾಧಿಕಾರಿಗಳ ಕಚೇರಿ ಮಂಗಳೂರು ದಕ್ಷಿಣ ವಲಯ ಸಹಯೋಗದಲ್ಲಿ ತಾಲೂಕು ಮಟ್ಟದ ಪ್ರಾಥಮಿಕ ಮತ್ತು ಪ್ರೌಢಶಾಲಾ ಬಾಲಕ ಬಾಲಕಿಯರ ಕಬಡ್ಡಿ ಪಂದ್ಯಾಟ ಜರಗಿತು.ಕಬಡ್ಡಿ ಕ್ರೀಡಾಪಟು Rtn ಆನಂದ ಶೆಟ್ಟಿ ಉದ್ಘಾಟನೆ ನೆರವೇರಿಸಿ ಮಾತನಾಡಿದರು.



Our club secretary Rtn Raghavendra Nellikatte, panelist at "Medha 24" symposium for under graduate conducted by Ramakrishna Mission Mangaladevi Mangalore.

Rtn Ramanath Shetty, Past President of our club, elected to State Executive Committee of Retired Employees Association of KPTCL, representing MESCOM region. A popular personality in KPTCL, he won with second highest votes in state committee.

President secretary RCME with all members and family congratulate him and wishes Every success in his new assignment



Don't forget the finger that wiped away your tears during hard times while you acknowledge the thousand hands that clapped for your success

UPCOMING EVENTS

Rotary ROTO MOJO - 2024
District Sports Meet

RI DISTRICT 3181
ROTARY CLUB OF MYSORE NORTH

THE MAGIC OF ROTARY

OUTDOOR GAMES
1. CRICKET
2. VOLLEY BALL
3. THROW BALL
4. TUG OF WAR
5. TENNIS
6. YOGA
7. SWIMMING
8. KABBADI
9. ATHLETICS
10. GRAMEENA KREEDDEGALU

Are you ready to be one of us?
Date: 14-15th December, 2024
Venue: Mysuru
Rtn. Sridhar M K
Event Chairman
Ph: 9448031964

District out door games

Rotary Show your Talent

Multi-District Fellowship Meet
ಯೋಜನೆ Baandhavya

5th OCTOBER 2024 & 6th OCTOBER 2024
Vintage Village Resort
Karnataka India 572 218

Multi district fellowship

Rotary District 3181

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Rtn Vikramdatta
District Governor

24th, 25th & 26th January 2025 | ADYAR GARDENS, Mangalore

Registration Type	Amount	Accommodation for Family in Suite Rooms & Registration for Couple - 2 Stars
Rotarian	Rs. 4,500.00	Rs. 75,000.00
Non	Rs. 1,500.00	
Guest	Rs. 2,000.00	

ONLY till 30th September 2024

OTHER AVENUES OF SPONSORSHIP

Commercial Stalls	Rs. 10,000.00	Accommodation for Family & Registration for Couple - 4 Stars
Advertisement/Banner	Rs. 5,000.00	Rs. 50,000.00
		Accommodation for Couple - Registration for Couple
		Rs. 25,000.00

Account Name: RID 3181 CONFERENCE COMMITTEE 2024-25
Savings Bank Account No.: 962009871814
Bank: HDFC | Branch: HAMPANGUTTA
CODE: HDRC000171 | BRANCH CODE: 1371

Rtn K Ravindra Shetty
Conference Chairman
+91 98864 80998

Rtn Gopalakrishna Shetty
Conference Secretary
+91 94882 72077

Rtn Geethanand Pal
Conference Treasurer
+91 98482 72077

Rtn Bharath Shetty
Registration Chairman
+91 98483 77223

Our District conference

Rotary International District 3181
RYLA District Committee
2024-25

Rtn Vikram Shetty
District Chairman
9448171157

Rtn Vikram Shetty
District
9880726771

Rtn Dr. Prakash K. E.
District
9448122071

Date: 25-09-2024

Dear Club President and Extended Members

Warm Greetings from Rtn. Dr. K. E. Prakash, District Chairman, RYLA!

I am happy to inform you that District RYLA 2024-25 will be held at "PILAJI LA MANGALAGUDA" Mangalore, Karnataka, from 09th Nov 2024 to 14th Nov 2024 and will be for a Residential RYLA only for member delegates residing from Pre-Exempted and above. The unique features of this residential RYLA event, the facilities opted in for various venues are of National repute, and the topics selected are in sync with International RYLA objectives. In addition, an exciting field and fair trip to the Pithala Regional Science Centre, Sreevals Vedaashrama Paramara, Heritage Village of Pithala Historical Park (CHS), which is spread in the vicinity of the main venue has also been arranged. Besides, a stimulating extravaganza of entertainment and complete show activities will add more value to the event.

The success of this exhilarating RYLA will entirely depend on the participation of members in large numbers. The deadline for final list of 2000+ only per member. We wish that this unique opportunity is utilized by all the Club of the District and our members by all the regions of our District. We therefore humbly request you all, to sponsor a minimum of 2 students from each of the Club and make this unique program the most successful.

Kindly give whole-hearted cooperation in making this program meaningful, fruitful and successful in all aspects.

With Warm Regards,
Rtn. Dr. K. E. Prakash
District Chairman RYLA

CC: DG Vikramdatta, for kind reference
All District RYLA Committee Members & ACs for motivating Clubs to sponsor the delegates
District Secretary, with due request to follow up with Clubs for sponsoring students for RYLA.

District RYLA in Nov 2024

ZONAL OUT DOOR GAMES
WILL BE HOSTED BY
RCME
IN THE MONTH OF
NOVEMBER

Zonal out door games

ROTARY CLUB OF MANGALORE NORTH
ZONE 2, RI DISTRICT 3181
(DISTRICT PROJECT)

in association with
SRI PATANJALI YOGA SHIKSHANA PRATISHTANA (R), KARNATAKA, MANGALORE

Cordially invite you to the
30 Days Free Yoga Camp
From 13.10.2024 5:30 AM to 7:00 AM
At Rotary Bal Bhavan, Mannagudda, Mangalore

Inauguration by
Rtn MPHF Vikramdatta
District Governor, RI District 3181

Guests of Honour
Rtn MPHF Vishwanath M Shetty
Asst Governor, Zone 2, RI District 3181

Sri Ekanath Baliga
President, Sri Patanjali Yoga Shikshana Pratishthana (R),
Karnataka, Mangalore

Rtn Mohan C Nair
President, Rotary Club of
Mangalore North

Rtn PHF Sudarshan Nayak
Secretary, Rotary Club of
Mangalore North

Rtn PHE J V Shetty
District Chairman, Yoga
RI District 3181

Yoga Camp by SPYSP(R)



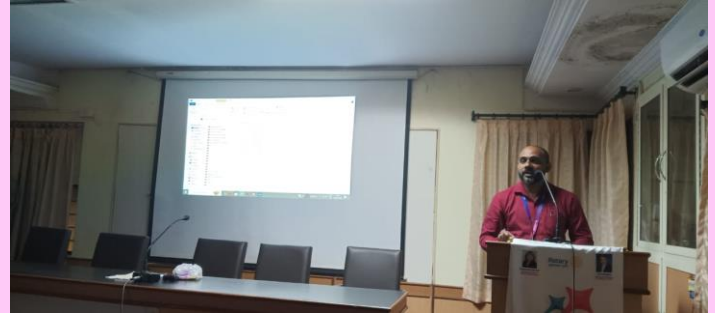
Rotary district 3181 celebrated world Heart Day and participated in the Walkathon with KMC Hospital & IMA
Our club members participated.

Do not dwell in the past, do not dream of the future,
Concentrate the mind on the present moment
.....Gauthama Budha

MEETINGS



The flags Exchanged with 2 Rotary clubs of Germany handed over to President RCME by Rtn Sunil Kunder



Guest speaker Sri Anil Kumar of Unimoni Financial Services spoke about financial aspects and guidance to travelling



Investor Awareness Program by Karthik, HDFC Mutual Fund. Spoke about financial Investments, present Scenario of sock market, tips to invest etc.

Why does the moon look larger on the horizon?



A full moon rising over the horizon, often appears to be unusually large. Many people will say that the moon gets smaller as it moves higher up in the sky above the horizon. Actually, the angular size of the moon, which is about 0.5 degrees, is the same wherever it is in the sky.

For comparison, the tip of your little finger, when your hand is held at arm's length, is about 1 degree. Angular size is measured in degrees, with 360 degrees equaling a full circle. An object's angular size is the angle between the lines of sight to its

two opposite sides. For example, the angular size of the sky is about 180 degrees. An object's angular size is a measure of how large the object appears to be, which depends on both actual size and the distance to the object. This example is familiar to everyone: an object that is near to you appears larger (that is, it has a larger angular size) than when it is farther away from you.

What is the basis for this full moon illusion? It is not that the moon appears larger on the horizon because it is seen next to things like trees and houses, since airline pilots flying at very high altitudes sometimes experience the moon illusion without any objects in the foreground. One well-supported theory is that your brain "thinks" the region of the sky overhead is closer than the region of the sky at the horizon, so it adjusts the size of the moon's image accordingly. Think about it: birds, clouds, and airplanes flying overhead seem closer than birds on the horizon do. When the moon is near the horizon, your brain miscalculates the moon's true distance and size.

ಸುತ್ತ ಮುತ್ತ

ನಾವು ವಿಷಪೂರಿತವಾಗಿ ಬೆಳೆಸಲ್ಪಟ್ಟಿದ್ದೇವೆ ಎಂಬ ಆಲೋಚನೆ ರೂಪಕವಾಗಿ ಅರ್ಥ ಮಾಡಬಹುದು, ಇದು ಆಧುನಿಕ ಜೀವನದಲ್ಲಿ ಬೃಹತ್ ಪ್ರಭಾವಗಳು ನಮ್ಮ ದೈಹಿಕ, ಮಾನಸಿಕ ಮತ್ತು ಭಾವನಾತ್ಮಕ ಕಲ್ಯಾಣದ ಮೇಲೆ ಹಾನಿಕಾರಕ ಪರಿಣಾಮವನ್ನು ಉಂಟುಮಾಡಬಹುದು ಎಂಬುದನ್ನು ಸೂಚಿಸುತ್ತದೆ. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಕೆಲವು ದೃಷ್ಟಿಕೋನಗಳು ಇಲ್ಲಿವೆ:

1. ದೈಹಿಕ ಆರೋಗ್ಯ:

- *ಆಹಾರ ಮತ್ತು ಪರಿಸರ: * ಅನೇಕರು ಸಂಸ್ಕೃತ ಆಹಾರ ಸೇವನೆ, ಮಾಲಿನ್ಯಕ್ಕೆ ಒಡ್ಡಿಕೊಳ್ಳುವಿಕೆ ಮತ್ತು ಆಲಸ್ಯ ಜೀವನಶೈಲಿ ಅನುಭವಿಸುತ್ತಾರೆ, ಇದು ಸ್ಥೂಲತೆ, ಮಧುಮೇಹ ಮತ್ತು ಹೃದ್ರೋಗದಂತಹ ಆರೋಗ್ಯ ಸಮಸ್ಯೆಗಳಿಗೆ ಕಾರಣವಾಗಬಹುದು.

- *ಔಷಧಿಗಳು ಮತ್ತು ರಾಸಾಯನಿಕಗಳು: * ಔಷಧಿಗಳ ವ್ಯಾಪಕ ಬಳಕೆ ಮತ್ತು ದೈನಂದಿನ ಉತ್ಪನ್ನಗಳಲ್ಲಿ ರಾಸಾಯನಿಕಗಳಿಗೆ ಒಡ್ಡಿಕೊಳ್ಳುವಿಕೆ ಕೆಲವೊಮ್ಮೆ ಆಶಯರಹಿತ ಹಾನಿಕಾರಕ ಪರಿಣಾಮಗಳನ್ನು ಉಂಟುಮಾಡಬಹುದು.

2. ಮಾನಸಿಕ ಮತ್ತು ಭಾವನಾತ್ಮಕ ಕಲ್ಯಾಣ:

- *ಮಾಧ್ಯಮ ಮತ್ತು ತಂತ್ರಜ್ಞಾನ: * ಮಾಧ್ಯಮ, ಸಾಮಾಜಿಕ ಮಾಧ್ಯಮ ಮತ್ತು ಡಿಜಿಟಲ್ ಸಾಧನಗಳ ನಿರಂತರ ಬಾಂಬ್‌ಮಾರ್ಡ್‌ಯಿಂಗ್ ಒತ್ತಡ, ಕಳವಳ ಮತ್ತು ವಾಸ್ತವಿಕತೆಯ ವಕ್ರದೃಷ್ಟಿಯನ್ನು ಉಂಟುಮಾಡಬಹುದು. ಇದು ಆಸಕ್ತಿ ಕಡಿತ ಮತ್ತು ವ್ಯಸನದಂತಹ ಸಮಸ್ಯೆಗಳಿಗೆ ಸಹ ಕಾರಣವಾಗಬಹುದು.

- *ಬಾಲಿಕಾಸಕ್ತಿ ಮತ್ತು ಸಾಮಗ್ರಿಕಾಫಿರುಚಿ: * ವಸ್ತುಗಳನ್ನು ಪಡೆಯುವ ಮತ್ತು ಬಾಹ್ಯ ಯಶಸ್ಸಿನ ಮೇಲಿನ ಒತ್ತಡದಿಂದ ಖಾಲಿತನ, ಅತ್ಯಲ್ಪ ಮತ್ತು ನಿಜವಾದ ಸಂಪರ್ಕದ ಕೊರತೆ ಉಂಟಾಗಬಹುದು.

3. ಸಾಂಸ್ಕೃತಿಕ ಮತ್ತು ಸಾಮಾಜಿಕ ಶ್ರುತಿಗಳು:

- *ಸಾಮಾಜಿಕ ನಿಯಮಗಳು ಮತ್ತು ನಿರೀಕ್ಷೆಗಳು: * ಸಮಾಜದ ನಿಯಮಗಳು ಮತ್ತು ನಿರೀಕ್ಷೆಗಳು ವ್ಯಕ್ತಿಗಳನ್ನು ಕೆಲವು ಪಾತ್ರಗಳು ಅಥವಾ ಮಾನದಂಡಗಳಿಗೆ ತೋರಿಸಲು ಒತ್ತಾಯಿಸಬಹುದು, ಇದು ವ್ಯಕ್ತಿತ್ವವನ್ನು ಕಡಿತಗೊಳಿಸಿ ಅಂತರ್ವ್ಯಾಪ್ತ ಅಥವಾ ತೃಪ್ತಿಯ ಕೊರತೆಯನ್ನು ಉಂಟುಮಾಡಬಹುದು.

- *ಶಿಕ್ಷಣ ಮತ್ತು ಬೆಳೆಸುವಿಕೆ: * ಕೆಲವು ಶೈಕ್ಷಣಿಕ ವ್ಯವಸ್ಥೆಗಳು ಮತ್ತು ಬೆಳೆಸುವಿಕೆಯ ಅಭ್ಯಾಸಗಳು ಮಾಲೀಕತ್ವಕ್ಕಿಂತಲೂ ಅಂತಃಕ್ರಿಯಾತ್ಮಕ ಯೋಚನೆ, ಸೃಜನಶೀಲತೆ ಮತ್ತು ಭಾವನಾತ್ಮಕ ಬುದ್ಧಿಮತ್ತೆಯನ್ನು ಹೆಚ್ಚಿಸಲು ಆದ್ಯತೆ ನೀಡಬಹುದು, ಇದು ವೈಯಕ್ತಿಕ ಬೆಳವಣಿಗೆಯನ್ನು ಮತ್ತು ಆತ್ಮಜಾಗೃತಿಯನ್ನು ಮಿತಿಗೊಳಿಸುತ್ತದೆ.

4. ಆಧ್ಯಾತ್ಮಿಕ ಮತ್ತು ಅಸ್ತಿತ್ವದ ಅಂಶಗಳು:

- *ಪ್ರಕೃತಿ ಮತ್ತು ಆಧ್ಯಾತ್ಮಿಕತೆಯ ಬಳುವಳಿ: * ಆಧುನಿಕ ಜೀವನಶೈಲಿಗಳು ಬಹಳಷ್ಟು ಪ್ರಕೃತಿ ಮತ್ತು ಆಳವಾದ ಅಸ್ತಿತ್ವ ಅಥವಾ ಆಧ್ಯಾತ್ಮಿಕ ಪ್ರಶ್ನೆಗಳಿಂದ ಬಳುವಳಿಯಾಗುತ್ತವೆ. ಇದರಿಂದ ಅಸಮಾಧಾನ, ಉದ್ದೇಶದ ಕೊರತೆ ಅಥವಾ ಆಧ್ಯಾತ್ಮಿಕ ಹತಾಶೆ ಉಂಟಾಗಬಹುದು.

5. ಚೇತರಿಕೆ ಮತ್ತು ಅರಿವು:

- *ಜಾಗೃತಿ ಮತ್ತು ಚೇತರಿಕೆ ಚಲನೆಗಳು: * ಈ ಸಮಸ್ಯೆಗಳ ಅರಿವು ಹೆಚ್ಚುತ್ತಿದೆ, ಮತ್ತು ಅನೇಕರು ಚೇತರಿಕೆ ಮತ್ತು ಈ ನಕಾರಾತ್ಮಕ ಪ್ರಭಾವಗಳನ್ನು ವಿರುದ್ಧವಾಗಿ ಪ್ರಯತ್ನಿಸುತ್ತಿದ್ದಾರೆ. ಇದರಲ್ಲಿ ಸಮಗ್ರ ಆರೋಗ್ಯ, ಮನೋನಿಬಂಧನೆ, ಸಾಂಸ್ಕೃತಿಕ ಮತ್ತು ಆಳವಾದ ಆಧ್ಯಾತ್ಮಿಕ ಅನ್ವೇಷಣೆ ಕಡೆಗೆ ಚಲನೆಗಳು ಸೇರಿವೆ. ನಾವು "ವಿಷಪೂರಿತವಾಗಿ ಬೆಳೆಸಲ್ಪಟ್ಟಿದ್ದೇವೆ" ಎಂಬ ರೂಪಕವು ಆಧುನಿಕ ಬೆಳೆಸುವಿಕೆ ಮತ್ತು ಜೀವನಶೈಲಿಯಲ್ಲಿ ಪ್ರಮುಖ ಸವಾಲುಗಳಿವೆ ಎಂಬುದನ್ನು ಸೂಚಿಸುತ್ತಿದ್ದರೂ, ಇದು ಬದಲಾವಣೆ ಮತ್ತು ಚೇತರಿಕೆಯ ಸಾಧ್ಯತೆಯನ್ನು ಸಹ ಹೈಲೈಟ್ ಮಾಡುತ್ತದೆ. ಈ ಪ್ರಭಾವಗಳನ್ನು ಗುರುತಿಸುವುದರಿಂದ ವ್ಯಕ್ತಿಗಳು ಮತ್ತು ಸಮಾಜಗಳು ಆರೋಗ್ಯಕರ, ಸಮತೋಲನಗೊಳ್ಳುವ ಮತ್ತು ಜಾಗೃತ ಜೀವನದ ಮಾರ್ಗಗಳನ್ನು ಹುಡುಕಲು ಪ್ರಯತ್ನಿಸುತ್ತವೆ. ಇದರಲ್ಲಿ ವ್ಯಕ್ತಿಯು, ಇತರರು, ಮತ್ತು ಪ್ರಪಂಚದೊಂದಿಗೆ ಆಳವಾದ ಸಂಪರ್ಕವನ್ನು ಬೆಳೆಸುವುದು, ಮತ್ತು ಕಲ್ಯಾಣ ಮತ್ತು ಪ್ರಾಮಾಣಿಕತೆಯನ್ನು ಉತ್ತೇಜಿಸುವ ಆಯ್ಕೆಗಳನ್ನು ಮಾಡುವುದು ಸೇರಿದೆ.

..... Article By Annet Anudeep S/O Rtn Anand Shetty



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MEERA BHARATH MAHAAN

45 th FIDE CHESS OLYMPIAD



In the history of Indian Chess, 2024 is one of the great years. India won gold at the 45 th Chess Olympiad in both open as well as women category at Budapest. Whole of India is proud of chess prodigies Gukesh D, Arjun Erigaisi, Praggnanandhaa R, Vidit Gujarathi, P Harikrishna with non-playing captain Srinath Narayanan and in women section Harika D, Vaishali R, Divya Deshmukh, Vantika Agarwal, Tania Sachdev with captain Abhijith Kunte. **Gukesh D, Arjun Erigaisi, Divya Deshmukh, Vantika Agarwal** won individual gold medals also. The Indian team also won the Gaprindashvili cup (Best contingent).

Let us cheer for our young guns!!!

Gukesh D will be the challenger and playing against the defending champion Ding Liren of China for the world Championship 2024 at Resorts world Sentosa, Singapore from 25 th November to 13 th December.

ENDING CONFLICT



Many of world leaders expressed their view that India can mediate with Russia and Ukraine to end the ongoing war between them, which was aggressively started on 24 th February 2022. In this regard India positively started or trying to end the conflicts. Even though the task is nearly impossible one, considering the countries supporting the warring nations and its nature of complex political influences. Whether India succeeds or not, its positiveness in trying to do something is appreciable. Rotary also want to end conflicts of all nature. In fact, it is one of our objectives.

CRICKET TEST SERIES WITH BANGLADESH

Indian national cricket team won bilateral test series with Bangladesh 2-0. They won the first test at Chennai by 280 runs and second test at Kanpur by 7 wickets. It is the way they pulled off rain hit second test match was really commendable. They are the front runner to reach the final of World Test Championship. The Indian team will play 3 tests against New Zealand in India and 5 tests against Australia in Australia, which are part of WTC.

